

SPRING 2021

# DEPARTURES



Expressive  
Interiors

Once Upon a  
Time in Mexico

Global Hotel  
Happenings

The Science  
of Beauty





## The Art of Adventure

World-class experts offer personal attention in utterly unique settings on these expert-led trips that are in a class of their own. *by Jemima Sissons*



Inside Juvet Landscape Hotel in Norway's Fjord municipality – a stop on Brown + Hudson's new Scandinavian itinerary

Of course, some teaching is less black and white. What about happiness? Can that be taught? Philippe Brown of immersive travel company **Brown + Hudson** ([brownandhudson.com](http://brownandhudson.com)) thinks so, and is offering a philosophically inspired trip through Denmark and Norway, aptly titled *The World's Happiest Trip*. Meik Wiking, author of *The Key to Happiness*, leads this eight-day jaunt exploring the mechanics of happiness, how hygge really works and the role of tech versus nature in finding optimum contentment. There is no denying the need for a strong dose of that right now.